

## Sport and Recreation Excursions

Excursions are now included as a part of our Sport and Recreation courses and are also available to students studying other courses.

### **BUSHWALKING**

Students will visit the Venman Bushland National Park, which is 40 km south of Brisbane city. Venman Bushland has two sign-posted tracks to explore which are considered Class 3 (Gentle Slope) and winds through bushland for 2.5km. While we are there, we also visit the Daisy Hill Koala Centre which features a large outdoor koala enclosure and many interactive displays.

### **SURFING (Gold Coast Only\*)**

Broadbeach Surf School teach students the skills and safety techniques of surfing.

### **KAYAKING**

Cabbage Tree Creek, also located at Frank Doyle Park and Currumbin Creek are also popular destinations for kayaking. Students have the option to kayak in a double or single kayak through the creek.

### **FISHING**

Students will visit Frank Doyle Park which is located in the suburb of Shorncliffe, Brisbane or Currumbin Creek on the Gold Coast. The small jetty is a popular destination for fishing especially on the change of the tides. Students are provided with all the necessary fishing equipment.

### **STAND UP PADDLE BOADING (Gold Coast Only\*)**

Students can go stand up paddle boarding at Currumbin Creek on the Gold Coast. It's a fun water activity that helps improve balance and co-ordination. All students are shown how to paddle board before entering the water.

### **ROCK CLIMBING**

At Kindilan Outdoor Education Centre in Redland Bay, students will have the opportunity to complete two rock climbing routes on a 12m abseil tower, with for different levels of challenge. This activity is a great physical challenge for participants to step outside of their comfort zone and set a goal for themselves.

### **ABSEILING**

Abseiling is also completed at Kindilan! Students are taught to abseil on 6m, 12m and 18m platforms. Abseiler's are controlled by a safety rope. Abseiling pushes participants to step outside of their comfort zone and is a rewarding experience.

### **LOW ROPES**

Cables, logs and ropes run throughout the trees at Kindilan for participants to challenge themselves in different ways, approximately 40cm off the ground. This activity requires build-up of trust through trust exercises, as participants are not wearing harnesses and keep each other safe through 'spotting'.

Visit our Facebook Page to see students enjoying themselves at multiple excursions!





Gold Coast Campuses at Southport & Coolangatta - Ph (07) 5526 6222 | Brisbane Campuses at Carina & Fortitude Valley - Ph (07) 3398 4488  
Email: [info@eagleacademy.com.au](mailto:info@eagleacademy.com.au) | Xamerg Pty Ltd | ABN 12 095 436 034 | CRICOS No 02480G | RTO 30895

**SPORTRECREATION****FITNESS****BUSINESS****ENGLISH**  
[www.eagleacademy.com.au](http://www.eagleacademy.com.au)

